

Personal Campout List

Girl Scout Troop 680

What **not** to bring with you:

- Please leave toys, radios, cd players, computer games, candy, gum, junk food, etc. at home (there is no food permitted in tents or cabins – this encourages animals to forage!)
- No friends or siblings who are not in Troop 680 are permitted to attend
- Parents, alcohol is strictly forbidden on any Girl Scout event
- No pets are permitted to accompany you on the campout

What to bring with you:

Note: Try to get all of your gear in one bag if possible (not including tent/sleeping bag/pillow/blanket/pad)

Personal items

- Any prescription medication you might need. Please alert the Troop Leader about your medication.
- Toiletries – toothpaste, toothbrush, hairbrush, sunblock, soap, bug spray, etc.
- Small towel and washcloth
- Small first aid kit
- A couple of large size ziplock bags to organize your belongings
- (optional) Soft earplugs in case you camp next to a dad who snores
- (optional) one stuffed animal/lovey to sleep with in tent

Clothing

- Pajamas
- Socks & Underwear
- Swim suit & towel for Polar Bear Swim
- Long pants/shorts
- Long sleeve shirt/tee shirt
- Sweatshirt, sweater or fleece jacket
- Warm jacket
- Raincoat/rain poncho
- Warm hat
- Warm gloves
- Good walking shoes
- Garbage bag in case of wet swimwear or clothes
- (optional) one pair of beach shoes (rubber boots, aquasox, sandals, etc.)

Camping gear

- Tent with rain fly and ground cloth/cover
- Sleeping bag
- Sleeping pad
- Pillow
- Flashlight & extra batteries
- Whistle for safety
- Unbreakable (metal or plastic) bowl, plate, cup, mug, eating utensils
- Camp stool/chair or beach chair
- One log for the Campfire
- (optional) large tarp with rope in case of rain
- (optional) camp lantern for evening
- (optional) Frisbee/soccer ball/volleyball

Cooking

- Assigned cooking equipment for Patrol meals
- Food contribution for Patrol meals from grocery list